Leisure Learning

Summer 2025 Course Guide

Good Eats and Tour Treats

- Blue Wahoos Party Deck Experience
- Sweet Adventure at Wild Honey
- Explore Wine Curiously
- Lunch at The Bait Shop

plus

- First City Art Center
- Tai Chi

and more!

Registration Opens May 5!



leisurelearning@uwf.edu

uwf.edu/leisurelearning



Why join Leisure Learning?

For more than 25 years, UWF Leisure Learning has provided stimulating programs for seasoned adults who are interested in joining a spirited community of intellectual contemporaries and lifelong learners.

Our diverse lineup of classes offers you the opportunity to explore Pensacola and the surrounding areas, discover exciting research and ideas or learn new skills—all while making friends.

Become a member and start attending class this Summer!

- 1. Review this catalog and select your classes.
- 2. Register and pay for your annual membership and individual classes in one of 3 easy ways. (Page 25)
- 3. Learn more about Nautilus Card benefits for UWF Leisure Learning members. (Page 27)
- 4. Enjoy class!

How does the UWF Leisure Learning membership work?

The \$40 annual membership fee covers 12 months from the date you join. With your membership, you are entitled to:

- Register for all Leisure Learning classes, tours and events.
- A UWF parking pass for parking on the UWF Pensacola campus for classes.
- A course catalog mailed to you every semester.

Learn more about membership perks on Page 27!

Questions? Call us at 850.473.7468.

Registration Opens May 5! Classes start May 19!

Three Easy Ways to Register: Register for classes online at uwf.edu/leisurelearning, call us at 850.473.7468 or mail in the registration form located in this catalog. More information and office hours on Page 25.



Give the Gift of **Lifelong Learning**

Buy a Leisure Learning membership gift card! Call 850.473.7468 to order.



Leisure Learning is a program of UWF Continuing Education, a premier regional provider of high-quality credit and non-credit courses, community programming, customized training, CEUs and conference planning. uwf.edu/continuinged



A Spirit of Lifelong Learning and Discovery: Bodacious Shops

BY HEATHER LEBLANC

UWF Leisure Learning celebrates The Bodacious Family of Shops and their unwavering commitment to lifelong learning and community enrichment. Located in the heart of downtown Pensacola. Bodacious is more than a collection of vibrant shops but a hub for connection, curiosity, generosity and lifelong learning.

Many of our members have experienced firsthand the inviting spaces inside Bodacious Shops, the Studer Community Institute, Oyster Bay Boutique Hotel, Bubba's Sweet Spot and the Blue Wahoos Stadium. These spaces have become treasured venues for class-and some of the first to fill each semester for good reason! From food and wine classes to business workshops and cultural tours, each experience is enriched by the welcoming atmosphere and thoughtful hospitality that defines the Bodacious brand.

This spirit of lifelong learning is a shared mission of Leisure Learning and Bodacious. Quint and Rishy Studer, owners of Bodacious. have long believed in investing in Pensacola's future through education, leadership and revitalization. Through the Studer Community Institute and other local ventures, they've helped elevate downtown into a thriving center of learning, innovation and engagement. The Bodacious Shops themselves, including a cafe, olive oil and vinegar shop, coffee roastery and kitchenware store, are built to spark joy and foster community, often as a backdrop for hands-on learning and shared discovery.

"The Studers became involved in Leisure Learning more than a decade ago and have enhanced our program with their generosity and kindness," said Dr. Louise Tolbert, Leisure Learning Curriculum Committee



TOP: Leisure Learning charcuterie board class at Bodacious. ABOVE: Studer Community Institute.

member. "They have provided us with classroom space, offered us the use of their employees to teach classes and even suggested classes. There is no end to their involvement and assistance; we are so grateful to them."

"We believe in this community and getting people downtown, showing them what's available and exposing them to things they may not do on their own, and this is where you come in with Leisure Learning," said Rishy Studer. "You expose them to places like our shop where they might never go. And, we just think that it's a fine program and doing its best for the seniors and the community at large."

This is just one example of a community partner that supports Leisure Learning participants to explore new places, try new things and continue their personal growth

- Unlocking Flavor: An Exploration of Olive Oil at Bodacious Olive
- A View from Above: **Exploring Downtown** Pensacola with Ross Pristera at the Studer Community Institute observation room

in environments that encourage connection and creativity.

"I appreciate the support of Leisure Learning from the Studers and the employees of their businesses, said Julie Still-Rolin, Leisure Learning program Director, "They are willing to help our program in any way."

Looking to get involved? Leisure Learning always seeks opportunities to expand class offerings and welcomes ideas for new classes and locations. Whether you're a local business or ready to discover something new, there is a place for you in our lifelong learning community, thanks in part to our volunteers and community partners.

A NOTE FROM THE DIRECTOR



The Spring term certainly came with its fair share of challenges—from the "Snowmageddon" to unexpected elevator issues but together, we navigated them all. I truly appreciate your patience, flexibility and understanding as we made adjustments along the way.

Despite these hurdles, I believe we had a fantastic term filled with engaging, thought-provoking and fun classes.

Some personal highlights for me included the Disney Insights class, where we got a behindthe-scenes look at the magic, and our visit to the Archaeology Institute, which offered a fascinating glimpse into our past. Of course, there were so many incredible experiences that it's impossible to name them all, and I am beyond grateful for the dedicated volunteers who make every class and event so special. Their passion, knowledge and generosity are what truly make this program shine.

Sadly, we also experienced a great loss with the passing of Bob Robinson. Bob had been with us from the very beginning and was the heart and soul of our Current Affairs Discussions. His thoughtful insights, sharp wit and dedication to lifelong learning will be deeply missed.

Looking ahead to Summer, we have an exciting lineup of experiences waiting for you! We'll cheer on the Blue Wahoos at the ballpark, explore a farm in McDavid and return to many of your favorite destinations. Plus, we have an array of fascinating presentations lined up that are sure to spark curiosity and conversation.

I can't wait to see you all this Summer for another season of learning, laughter and adventure!

Sincerely,

Julie Still-Rolin

Director, UWF Leisure Learning

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Registration Opens May 5, 2025.

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*Not available on the Unlimited Classes option	7.

+ Multiple class dates to choose from.

Unlimited Classes Discount

Take unlimited classes for only \$195 this Summer!

This option is available by calling the Leisure Learning office at 850.473.7468 to pay by credit card. Some classes are not eligible for this offer and are marked in this catalog with an asterisk beside the class title.

Because of possible schedule or location changes, advance registration is highly recommended for ALL classes.

Please Note: Individual class fee refunds are not available for the unlimited class option if you are unable to attend OR if the class is canceled.



Important Information: Credit Cards and other forms of payment are accepted. Phone and online registrations are highly recommended. If mailing a check, contact the Leisure Learning office or check classes online to make sure they are not already full.

Arts & Literature

Local Author Spotlight: Michael L. Clark

Step back in time to the early 1800s with Michael L. Clark, author of "The Shimmering Trilogy." His first two books, "The Shimmering" and "The Diary of Gus Childers," transport readers to life along the Natchez Trail and have left fans eager for more. A longtime Middle Tennessee resident, Clark explores historical sites across the Southeast to inspire his writing. Now retired from the U.S. Postal Service, he dedicates his time to researching and crafting his next novel. Don't miss this chance to hear about his journey and the history behind his stories.

27-May | Tue 1:00 PM - 2:15 PM | \$15

Instructor: Michael Clark

J. Earle Bowden Building, Classroom 1



EVENT SPOTLIGHT:

Spinning Yarns: The Art & Joy of Knitting

Join the Gulf Coast Knitters Guild for a look into the world of knitting! Whether you're a seasoned stitcher or someone who's never picked up a pair of needles, this presentation will have you hooked. Learn about the rich history of knitting, see beautiful handmade creations and discover why this timeless craft is making a comeback. The talented members of the guild will share their passion, tips and maybe even a few knitting secrets. Who knows? You might just leave inspired to cast on your own project!

23-Jun | Mon 1:00 PM - 2:15 PM | \$15

Instructor: Valerie Hartley

J. Earle Bowden Building, Classroom 1

Local Author Spotlight: Tom Roberts

Join local author Tom Roberts for a presentation of "Lost Scrolls of Archimedes," a historical adventure that takes place in Cleopatra's Egypt. Tom will discuss the historical context and the research, both historical and scientific, that he had to do to create a thought-provoking yet exciting novel. Tom will also discuss what alternate history fiction is all about. This is a great opportunity to discover the exploration of the past through literature.

11-Jun | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Tom Roberts UWF Building 78, Room 103

Real-World Grammar with Mamie Hixon

Mamie Hixon, a dynamic educator and grammar expert, brings language to life in Real-World Grammar. Grammar isn't just about rules—it's about communication, clarity and confidence in everyday interactions. Through real-life examples and practical applications, Mamie Hixon will break down common grammar myths, share tips for avoiding common mistakes, and show how mastering grammar can enhance both personal and professional communication. Whether you're a writer or lifelong learner, this session will leave you with valuable insights and a newfound appreciation for the power of words.

20-Jun | Fri 10:00 AM - 11:15 AM | \$15

Instructor: Mamie Hixon UWF Building 78, Room 103

Hidden Gems: Galerie du Sacré Coeur*

Tucked away in the historic Sacred Heart of Pensacola, Galerie du Sacré Coeur is a little-known treasure waiting to be discovered. This contemporary art gallery showcases emerging artists in a setting rich with history, offering a unique fusion of past and present. Join Deborah Bassett, Galerie du Sacré Coeur owner, as well as owner and Station Director of Sandcastle Radio, for an exclusive look at this hidden gem, where creativity flourishes in an intimate and inspiring space. Explore stunning contemporary works, hear the stories behind the artists and experience a side of Pensacola's art scene that few have uncovered. *Not available on the Unlimited Classes option.

25-Jun | Wed 9:30 AM - 11:00 AM | \$15

Instructor: Deborah Bassett, PhD.

Galerie du Sacré Coeur



EVENT SPOTLIGHT:

Behind the Scenes at First City Art Center: Glassblowing & Wheel Throwing*

Experience the magic of glassblowing and pottery at First City Art Center with live demonstrations by skilled artists. Watch as molten glass is transformed into stunning works of art during a glassblowing demo, showcasing the precision and artistry of this ancient craft. Then, observe the mesmerizing process of wheel throwing, where clay takes shape on the potter's wheel. This exclusive visit offers a behind-the-scenes look at the creativity and craftsmanship that define First City Art Center. Don't miss this opportunity to witness art in action! *Not available on the Unlimited Classes option. No refunds if canceled after June 9, 2025.

24-Jun | Tue 1:00 PM - 2:00 PM | \$15

Instructor: Raylene Solis First City Art Center

Local Artist Spotlight: Eniko Ujj

Experience the diverse and dynamic work of Hungarian American artist Eniko Ujj. Based in Pensacola, Eniko's multidisciplinary practice spans murals, lettering, sculpture, ceramics and oil painting. A UWF graduate with a BFA in oil painting, she has exhibited regionally, led public pit fires in rural Southern communities and built a career as a full-time mural artist. Join us as she shares insights into her creative journey, her influences and the evolving nature of her artistic practice.

27-Jun | Fri 10:00 AM - 11:15 AM | \$15

Instructor: Eniko Ujj

J. Earle Bowden Building, Classroom 1



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Visit the 309 Punk Project Punkhouse

Visit the historic 309 Punk Project Punkhouse, a cornerstone of the American punk subculture since the late 1990s. As the oldest continuously inhabited punk house in the South, 309 has fostered creativity across art, music and activism for decades. During the tour, you'll explore the 309 Punk Archive, preserving DIY culture and inspiring future generations of artists and researchers. UWF English Instructor Scott Satterwhite will share his own experiences of living in the Punkhouse. Don't miss this chance to discover this vibrant community that continues to thrive. *Please note this is a house with three steps to enter.

27-Jun | Fri 1:00 PM - 2:15 PM | \$15

Instructor: Scott Satterwhite 309 Punk Project Punkhouse

From Retelling to the Stage — 2 Sessions

Discover the art of transforming stories into powerful performances in this immersive two-day workshop at the UWF Theatre. Explore how personal narratives, folklore and literature can be adapted for the stage through dynamic storytelling techniques. Through interactive exercises and guided instruction, participants will learn how to shape compelling performances that engage and inspire audiences. Whether you're a writer, performer or simply a lover of stories, this workshop will deepen your understanding of storytelling as a theatrical art form.

10-Jul to 11-Jul | Thu & Fri 1:00 PM - 2:15 PM | \$15

Instructor: Connie Smith

UWF Center for Fine and Performing Arts Lobby

Bookies: "All the Beauty in the World"

"All the Beauty in the World" is a powerful story of brotherly love set against the backdrop of the art world. When a high-powered professional trades his career for a guard position at the Metropolitan Museum of Art, he embarks on a journey of discovery—finding meaning in both art and human connection. Read this compelling novel, then join us at "Bookies" for a lively discussion on its themes of compassion, transformation and beauty.

16-Jul | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Dr. Louise Tolbert

Azalea Trace Lobby

Strumming the Strings: A Banjo Experience

Join us for an engaging presentation by Bill Simmons, where he'll introduce you to the vibrant world of banjo playing. Bill will share his passion for this iconic instrument, offering insights into its history, techniques and unique sound. Get ready to see how the banjo brings stories to life through music.

25-Jul | Fri 10:00 AM - 11:15 AM | \$15 Instructor: Bill Simmons Azalea Trace

Business, Finance & Law Planning for Long-Term Care

Long-term care planning is an essential part of securing your financial future and protecting your loved ones



EVENT SPOTLIGHT:

Economy: Trends and Insights with Rick Harper

Join Dr. Rick Harper, Retired UWF Associate Professor of Economics, for an in-depth look at the economy. From job growth and real estate trends to business development and regional challenges, Dr. Harper will break down the key factors shaping the area's economic landscape. Gain valuable insights into what's driving Pensacola's growth, how national trends impact the local economy and what the future may hold for businesses and residents alike. This is a great opportunity to better understand the economic forces shaping our community.

16-Jun | Mon 10:00 AM - 11:15 AM | \$15 Instructor: Rick Harper

UWF Building 78, Room 103

from unexpected burdens. Join Patrick W. Broadus, CRPC, RICP, Vice President and Financial Advisor at Morgan Stanley, for an insightful discussion on the key aspects of long-term care planning. Learn about the different types of care options, costs involved, and strategies to ensure financial preparedness. Whether you're planning for yourself or a loved one, this presentation will provide valuable guidance on navigating long-term care decisions with confidence.

11-Jun | Wed 10:00 AM - 11:15 AM | \$15 Instructor: Patrick Broadus J. Earle Bowden Building, Classroom 1

Leave It, Move It, Roll It, Take It: Know Your Employer Retirement Plan Options

This educational program is designed to help participants learn how to handle their 401(k), pension or other employer-sponsored retirement plan when they leave a job. Participants will learn about the most common distribution options. They will also learn how to avoid having the IRS withhold 20% of your retirement distribution and how taxes, penalties, and investment options factor into these decisions.

25-Jun | Wed 1:00 PM - 2:15 PM | \$15 Instructor: Jacey Cosentino Florida Public Archaeology Network

Culture, Travel & Tours

Exploring Sacred Spaces: First Presbyterian Church

Join Reverend Robert Quiring on a tour of First Presbyterian Church. Founded in 1845, the traditional sanctuary is beautiful inside and out. The steeple can be seen from all over downtown Pensacola, and the carillon can be heard throughout downtown. The church's sanctuary invites visitors into a worshipful experience through its architecture, presence and people.

2-Jun | Mon 10:00 AM - 11:30 AM | \$15 Instructor: Robert Quiring First Presbyterian Church

An Exclusive Visit to Duh Pensacola

Come along for a special visit to Duh for Garden & Home, one of Pensacola's most unique and inspiring home and garden design destinations. Guided by Diletta Rosasco, explore the beautifully curated



EVENT SPOTLIGHT:

Introduction to the Japanese Tea Ceremony — 6 Sessions*

Experience the elegance and mindfulness of the Japanese Tea Ceremony in this beginner-friendly series led by Shigeko Honda. Through interactive demonstrations, hands-on practice and engaging presentations, you'll explore the history, philosophy and rituals behind this centuries-old tradition. Enjoy guided tea tastings, learn the art of preparing your tea and take a tour of the Japan House tea room and garden to deepen your understanding of this cultural practice. Whether you're drawn to the ceremony's meditative aspects or its rich heritage, this series offers a unique opportunity to appreciate the beauty and harmony of Japanese tea culture. *Not available on the Unlimited Classes option. Class cost includes two teas with sweets.

4-Jun to 9-Jul | Wed 2:30 PM - 3:30 PM | \$45 Instructor: Shigeko Honda UWF Building 71 (International Studies), Japan House

collections of furniture, décor and outdoor living essentials that make Duh a favorite among designers and homeowners alike. Learn about the artistry, trends and inspirations behind the selections, as well as expert tips for creating stylish and inviting spaces. Don't miss this opportunity to experience Duh through the eyes of a design professional!

2-Jun | Mon 1:00 PM - 2:30 PM | \$15

Instructor: Diletta Rosasco Duh for Home and Garden



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Art with a Purpose: Pyramid School of Fine Arts

Best known for its unique arts program, which offers a full range of visual and performing arts, catering to each student's level of ability and interest, Pyramid Pensacola serves over 80 students in our community and is committed to serving those with severe disabilities as it seeks new ways to engage its students, fostering an environment in which they can find excitement and meaning and provide them an opportunity to become full participants in their communities. Don't miss this behind the scenes look at the benefits of art at Pyramid.

12-Jun | Thu 9:30 AM - 10:45 AM | \$15

Instructor: Corrie Parker Pyramid School of Fine Arts

Unveiling The Center: Pensacola's Reimagined Cultural Hub

Explore the newly redesigned Center, Pensacola's vibrant hub for arts and culture. Join us for an exclusive tour and behind-the-scenes look at the overhauled theatre, the new fine art gallery and the premier rooftop performance venue. Discover the innovative design and artistic vision that make The Center a cornerstone of our community.

1-Jul | Tue 1:00 PM - 2:30 PM | \$15

Instructor: Kimberly Scott

Pensacola Little Theatre | The Center

Azalea Trace Tour

Join us for an exclusive visit to Azalea Trace. Embark on a guided tour of this vibrant community and engage in a thoughtful discussion about the keys to an active, secure, and personally fulfilling lifestyle in a place you'll cherish. Prepare to actively participate, ask insightful questions, and absorb as much information as possible during our visit. This experience is tailored for those who are curious and eager to explore life adjacent to the University of West Florida and understand what it's like for residents in this exceptional community. Guests will make their way to the administration building and gather in the lobby located on the main floor.

15-Jul | Tue 10:30 AM - 12:30 PM | \$15

Instructor: Kristin Ales Azalea Trace Lobby

Apple Market: The Biggest Little Store in Town

Come to visit a unique old-time full-line corner grocery store, and meet David Apple, who will be our host. David will share the history of the business and what it specializes in. Get a behind-the-scenes look into the butcher shop, and learn how special requests for catering and/or hard-to-get items can be met. Experience how Apple Market defines satisfaction guaranteed. There will also be a chance to ask questions to learn about the challenges of running a business. Bring your appetite and sample some of the great food served on the daily hot bar in the deli section (not included in the price of the class).

23-Jul | Wed 10:00 AM - 11:30 AM | \$15

Instructor: David Apple

Apple Market



EVENT SPOTLIGHT:

Unlocking Flavor: An Exploration of Olive Oil at Bodacious Olive

Olive oil is a golden elixir proven to contribute to longevity and sustained health. Join us for an exploration of its nutritional value, taste profiles and recipes at Bodacious Olive. Learn about the varieties of olive oil as well as how to pair olive oil with vinegar to enhance your own dishes to new heights of flavor and health. Don't miss this immersive experience celebrating the artistry and benefits of olive oil. This class will meet downstairs where the oils and vinegars are located.

10-Jun | Tue 11:00 AM - 12:30 PM | \$15

Instructor: Alicja Donlon

Bodacious Shops

A Sweet Visit to J.W. Renfroe Pecan Company Gift Shop

Step into the heart of Southern flavor with a visit to the J.W. Renfroe Pecan Company Gift Shop. Known for their premium, handpicked pecans, this charming shop offers a delightful selection of gourmet treats, including candied pecans, pecan pies, and unique gift baskets. Explore their variety of locally sourced products, perfect for snacking, gifting, or enjoying at home. Dona Bouchard, the Queen of Pecans and the General Manager, will show us around and give us the inside scoop on all things pecans.

30-Jul | Wed 9:00 AM - 10:30 AM | \$15

Instructor: Dona Bouchard

Renfroe Pecan Company Gift Shop

Food & Drink

Explore Wine Curiously: A Deep Dive into Its History, Geology and Traditions*

Join Hilary Towns, Wine Educator and owner of A Curious Wine Shop, as she takes you on a personal deep dive into the history, geology and traditions of six select wines. The class will feature the wines of Loire Valley, Burgundy, and Bordeaux. These regions inspired an enormous portion of the current wine industry. Their indigenous grapes Sauvignon Blanc, Pinot Noir, Cabernet Sauvignon and Merlot are responsible for over 30% of the acreage planted to wine grapes worldwide. Bordeaux and Burgundy have also been the pioneers of wine classification systems. In Burgundy the classification is based on individual vineyards with an emphasis on geology, while in Bordeaux the independent producers are awarded the classifications. Students will also be provided with samples of each wine. *Not available on the Unlimited Classes option.

13-Jun | Fri 10:00 AM - 12:00 PM | \$25

Instructor: Hilary Towns A Curious Wine Shop

Lunch at Jo's ... As Always*

Delight in a warm and welcoming dining experience at Jo's ...As Always, where good food, good friends and good service come together. Enjoy a thoughtfully curated lunch from a limited menu featuring Jo's signature dishes—some honoring cherished family recipes and others offering a fresh twist on classic flavors. With



EVENT SPOTLIGHT:

Buzz on Over for a Sweet Adventure at Wild Honey

Sample a variety of frozen delights, including froyo, gelato, custard, sorbet and more! Learn about their 10-year history as a locally owned and operated dessert shop and their commitment to providing fresh, high-quality ingredients in a welcoming, family-friendly atmosphere. Afterwards, you can build your perfect treat (not included in class price) with over 100 delicious toppings. For the ultimate golden touch, drizzle on a bit of our locally sourced raw honey. Whether you're a classic frozen yogurt fan or eager to try something new, this visit is sure to satisfy your cravings!

8-Jul | Tue 11:45 AM - 12:30 PM | \$15

Instructor: Theresa Ward Wild Honey Frozen Yogurt

over 25 years in the industry, Jo's passion for hospitality shines through in every bite. Come hungry, enjoy great company and savor a meal made with heart. *Not available on the Unlimited Classes option.

14-Jul | Mon 10:00 AM - 11:30 AM | \$35 Instructor: Jo Heckler

Duh for Home and Garden

Lunch at the Bait Shop*

Join Maria Goldberg for a presentation and lunch at The Bait Shop at The Fish House, where you'll enjoy a carefully curated menu featuring fresh Gulf seafood, savory Southern favorites and vibrant flavors. Choose from delicious options like the signature Grits à Ya Ya, a classic Gulf Coast Po'Boy or the flavorful Sweet Potato and Kale Curry—all followed by the chef's choice of



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baked cookies for dessert. Relax with a coffee or tea while learning more about this beloved Pensacola dining spot and local history. *Not available on the Unlimited Classes option. No refunds if canceled after July 1, 2025.

17-Jul | Thu 10:30 AM - 12:30 PM | \$42

Instructor: Maria Goldberg

The Fish House

The Art of Pairing: A Summer Wine & Cheese Tasting at Bodacious Olive*

Discover the perfect balance of flavors as you explore the art of pairing wine and cheese. This guided tasting at Bodacious Olive will introduce you to a variety of wines and cheeses, highlighting how different textures and flavors complement each other. Whether you're a seasoned connoisseur or just starting your journey, this experience will deepen your appreciation for thoughtful pairings and quality ingredients. *Not available on the Unlimited Classes option.

21-Jul | Mon 2:00 PM - 3:30 PM | \$25

Instructor: Kathy Kellett Bodacious Shops

Deli Delights: Lunch at New Yorker Deli

Visit the iconic New Yorker Deli, where traditional flavors meet contemporary flair. Join us for an exclusive pre-lunch talk with proprietor Renee Nix before the crowds arrive. Delve into the heart of the restaurant as Renee shares insights into their signature dishes and time-honored deli traditions. Following our culinary journey, we'll settle our bills individually.

28-Jul | Mon 10:00 AM - 11:30 AM | \$15

Instructor: Renee Nix New Yorker Deli

Get the Buzz: Honey and More at 1st City Bee Co.

Explore honey with Natalie Blake and Melissa Kalis at First City Bee Co. Natalie will share her knowledge of honey including its health benefits, and students will be able to try some samples. Melissa, a master beekeeper, will be teaching "the buzz on bees" — a discussion about what happens inside a beehive colony and the life cycle of bees as well as

what it takes to become a successful honey producer. Get ready to indulge in the sweetness of First City Bee Co.

29-Jul | Tue 9:30 AM - 11:00 AM | \$15

Instructor: Natalie Blake First City Bee Co

Health & Wellness

Tai Chi - 10 Week Series

Experience the gentle, flowing movements of tai chi in this class designed to reduce stress, improve balance and enhance overall well-being. Often called "meditation in motion," tai chi promotes relaxation through slow, intentional movements and deep breathing. This low-impact exercise is suitable for all ages and fitness levels, making it an excellent choice for improving flexibility,



EVENT SPOTLIGHT:

Take Me Out to the Ballgame: Blue Wahoos Party Deck Experience!*

Join us for a fun-filled night at the ballpark as we cheer on the Blue Wahoos from the exclusive Party Deck. This all-inclusive experience is perfect for mingling, enjoying great food, and taking in the game with fellow fans. Your ticket includes a Blue Wahoos ball cap, a 90-minute buffet featuring hot dogs, hamburgers, sides, desserts, and non-alcoholic drinks, a group photo to capture the memories, and a special shout out on the video board. *This class is open to non-members 18+. Not available on the Unlimited Classes option. No refunds.

22-May | Thu 5:30 PM - 8:30 PM | \$48

Instructor: Jess Voigt

Vince Whibbs Community Maritime Park

strength and coordination. Whether you're new to tai chi or looking to refine your practice, an experienced instructor will guide you through postures and techniques to help you gain the full benefits. *Exercise provides great benefits, but only you know your own body and limits. Please consult your healthcare professional with any questions or concerns before starting any exercise program. No class on Memorial Day, May 26, 2025.

19-May 28-Jul | Mon 8:15 AM - 9:45 AM | \$50

Instructor: Robert Donofrio

UWF Building 72 (HLES), Green Studio

Acupuncture & Wellness with Dr. Rebecca Gibbons

Dr. Rebecca Gibbons, a licensed Acupuncturist, Doctor of Oriental Medicine and Registered Nurse, will discuss a brief history of acupuncture and demonstrate how it can enhance your overall well-being. Acupuncture is a holistic, evidence-based practice that taps into the body's natural healing abilities, promoting health and vitality. Discover how this ancient treatment can effectively relieve chronic pain from conditions like arthritis, sciatica, migraines and more. Whether you're new to acupuncture or looking to deepen your understanding, this session offers valuable insights into achieving balance and wellness. *The views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program. Always seek the advice of your physician or other qualified health provider with any questions you may have.

19-May | Mon 1:00 PM - 2:15 PM | \$15

Instructor: Rebecca Gibbons

J. Earle Bowden Building, Classroom 1

Alzheimer's Developments: The Latest Breakthroughs

Andre Hall, Program Director of the Alzheimer's Association, will provide an insightful discussion on the latest developments in the fight against Alzheimer's disease. Learn about groundbreaking discoveries, emerging treatments and the future of Alzheimer's care. This class will provide valuable information for understanding the progress being made toward prevention and treatment. Don't miss this opportunity to ask questions about the latest advancements.

21-May | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Andre Hall

UWF Building 78, Room 136

Classes Continued on Page 16

MAY 2025 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	8:15 AM - 9:45 AM Tai Chi 10 AM - 11:15 AM Leisure Learning Overview 1 PM - 2:15 PM Acupuncture & Wellness	10 AM - 12 PM Quina House Museum & Lunch 1 PM - 2:15 PM Capturing 14 Generations of Family History in America	10 AM - 11:15 AM Alzheimer's Developments 1 PM - 2:15 PM Stretch & Move: A Mobility Class with Jen Beres	5:30 PM - 8:30 PM Take Me Out to the Ballgame: Blue Wahoos Party Deck Experience!	23	24
25	26 Memorial Day	1 PM - 2:15 PM Local Author: Michael C. Clark	9 AM - 10:30 AM Step Into Comfort: Healthy Feet at Fleet Feet	10 AM - 11:15 AM Inside the United States Secret Service: A Retired Agent's Perspective	10 AM - 11:15 AM Biblical Leadership with Dr. Gil Fried 1 PM - 2:15 PM Veterans Memorial Park with Paul Entrekin	31

JUNE 2025 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	8:15 AM - 9:45 AM Tai Chi 10 AM - 11:30 AM First Presbyterian Church 1 PM - 2:30 PM An Exclusive Visit to Duh Pensacola	3	10 AM - 11:15 AM 5 Magic Tricks: Learn & Amaze 2:30 PM - 3:30 PM Introduction to the Japanese Tea Ceremony	10 AM - 11:15 AM A Conversation with Troy Moon	6	7
8	8:15 AM - 9:45 AM Tai Chi 10 AM - 11:15 AM Planetarium: "The Great Planet Adventures"	11 AM - 12:30 PM Unlocking Flavor: An Exploration of Olive Oil at Bodacious Olive	10 AM - 11:15 AM Planning for Long-Term Care 1 PM - 2:15 PM Local Author: Tom Roberts 2:30 PM - 3:30 PM Introduction to the Japanese Tea Ceremony	9:30 AM - 10:45 AM Art with a Purpose: Pyramid School of Fine Arts	10 AM - 12 PM Explore Wine Curiously: A Deep Dive into Its History, Geology and Traditions	14
15	8:15 AM - 9:45 AM Tai Chi 10 AM - 11:15 AM Economy: Trends and Insights with Rick Harper	10 AM - 11:30 AM Venture Out to Aliff Acres Farm 1 PM - 2:15 PM The "Ali"-Ism of Media Culture with Dr. Rameca Vincent Leary	10 AM - 11:15 AM Plants for Year-Round Interest 2:30 PM - 3:30 PM Introduction to the Japanese Tea Ceremony	Juneteenth	10 AM - 11:15 AM Real-World Grammar with Mamie Hixon	21
22	8:15 AM - 9:45 AM Tai Chi 10 AM - 11:15 AM "Blood on My Mudcake" 1 PM - 2:15 PM Spinning Yarns: The Art & Joy of Knitting	1 PM - 2 PM Behind the Scenes at First City Art Center: Glassblowing & Wheel Throwing	9:30 AM - 11 AM Galerie du Sacré Coeur 1 PM - 2:15 PM Employer Retirement Plan 2:30 PM - 3:30 PM Introduction to the Japanese Tea Ceremony	10 AM - 11:30 AM Step Back in Time: A Visit to the Alger-Sullivan Historic District	10 AM - 11:15 AM Local Artist Spotlight: Eniko Ujj 1 PM - 2:15 PM Visit the 309 Punk Project Punkhouse	28
29	8:15 AM - 9:45 AM Tai Chi 10 AM - 11:15 AM Protecting Your Hearing 10 AM - 11:15 AM Nursing Simulator 1 PM - 2:15 PM Functional Medicine	1 PM - 2:30 PM Unveiling The Center: Pensacola's Reimagined Cultural Hub	10 AM - 11:15 AM Recycling Facility in Fort Walton Beach 2:30 PM - 3:30 PM Introduction to the Japanese Tea Ceremony	3	Independence Day	5

JULY 2025 CLASS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	8:15 AM - 9:45 AM Tai Chi 10 AM - 11:15 AM Protecting Your Hearing 10 AM - 11:15 AM Nursing Simulator 1 PM - 2:15 PM Functional Medicine	1 PM - 2:30 PM Unveiling The Center: Pensacola's Reimagined Cultural Hub	10 AM - 11:15 AM Recycling Facility in Fort Walton Beach 2:30 PM - 3:30 PM Introduction to the Japanese Tea Ceremony	3	Independence Day	5
6	8:15 AM - 9:45 AM Tai Chi 10 AM - 11:15 AM Archaeology of Gulf Islands National Seashore	11:45 AM - 12:30 PM Buzz on Over for a Sweet Adventure at Wild Honey	10 AM - 12 PM Anne Frank: A Life Remembered 2:30 PM - 3:30 PM Introduction to the Japanese Tea Ceremony	10 AM - 11:15 AM Talking Smack: Pensacola's Red Snapper Fishing Industry 1 PM - 2:15 PM From Retelling to the Stage: A Two-Day Storytelling Workshop	10 AM - 11:15 AM Planetarium: "Perfect Little Planet" 1 PM - 2:15 PM From Retelling to the Stage: A Two-Day Storytelling Workshop	12
13	8:15 AM - 9:45 AM Tai Chi 10 AM - 11:30 AM Lunch at Jo's As Always 1 PM - 2:15 PM Tai Chi for Arthritis: A Path to Wellness	10:30 AM - 12:30 PM Azalea Trace Tour	1 PM - 2:15 PM Bookies: All the Beauty in the World	10:30 AM - 12:30 PM Lunch at The Bait Shop	2 PM - 3:15 PM Stay Steady: Balance Class with Angela Bush	19
20	8:15 AM - 9:45 AM Tai Chi 10 AM - 11:30 AM Downtown Pensacola with Ross Pristera 2 PM - 3:30 PM Summer Wine & Cheese Tasting	10 AM - 11:15 AM He's Just Not Her Type!	10 AM - 11:30 AM Apple Market: The Biggest Little Store in Town	10 AM - 11:15 AM Nonprofit Spotlight: Valerie's House Grief Counseling	10 AM - 11:15 AM Strumming the Strings: A Banjo Experience	26
27	8:15 AM - 9:45 AM Tai Chi 10 AM - 11:30 AM Deli Delights: Lunch at New Yorker Deli	9:30 AM - 11 AM Get the Buzz: Honey and More at 1st City Bee Co. 1 PM - 2:15 PM Unlock the Ancient Wisdom of Chinese Foot Reflexology	9 AM - 10:30 AM A Sweet Visit to J.W. Renfroe Pecan Company Gift Shop	10 AM - 11:15 AM Gentle Giants: Manatees and More	10 AM - 11:15 AM Leisure Learning Overview #2 1 PM - 2:15 PM Leisure Learning Overview #3	2

Continued from Page 12

Step Into Comfort: Healthy Feet at Fleet Feet

Join owner Micaiah Rockwell for an informative presentation about feet! During this visit, we will discover the meticulous outfitting process and gain valuable insights on how to improve your walking and running experiences. Micaiah will delve into the importance of maintaining healthy feet and introduce you to Fleet Feet's innovative 3D Fit ID foot scanning equipment. Don't miss this opportunity to elevate your comfort in every step.

28-May | Wed 9:00 AM - 10:30 AM | \$15

Instructor: Micaiah Rockwell

Fleet Feet



EVENT SPOTLIGHT:

Stretch & Move: A Mobility Class with Jen Beres

Jen Beres, Wellness Director of the YMCA, has developed a session designed to improve flexibility, mobility, and overall movement. This class includes guided stretching and mobility exercises to help reduce stiffness, enhance range of motion and promote overall well-being. Jen will share exercise recommendations, offering practical tips to keep you moving safely and effectively. Whether you're looking to ease tension or improve daily movement, this class is perfect for all fitness levels! *Exercise provides great benefits, but only you know your own body and limits. Please consult your healthcare professional with any questions or concerns before starting any exercise program.

21-May | Wed 1:00 PM - 2:15 PM | \$15

Instructor: Jen Beres

Bear Levin Studer Family YMCA Lobby

Listen Up: Protecting Your Hearing

Join Brian Simmons from Ears2Hear for an informative presentation on hearing health and the prevention of hearing loss. Learn how everyday habits, environmental factors and aging impact hearing, and discover practical steps to protect and preserve it. Brian will also discuss the latest advancements in hearing technology and resources available for those experiencing hearing challenges. Gain valuable insights and take control of your hearing health.

30-Jun | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Brian Simmons

J. Earle Bowden Building, Classroom 1

Functional Medicine at Empathic Practice

Discover a holistic approach to health with Felipe Muñoz of Empathic Practice. Explore functional medicine, a patient-centered approach that focuses on identifying and addressing the root causes of illness rather than just treating symptoms. Learn how lifestyle, nutrition and mindfulness play a role in overall well-being and how personalized care can lead to lasting health improvements. Join us for an insightful discussion on achieving balance and wellness through functional medicine. *The views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program. Always seek the advice of your physician or other qualified healthcare provider with any questions you may have.

30-Jun | Mon 1:00 PM - 2:15 PM | \$15

Instructor: Felipe Munoz

J. Earle Bowden Building, Classroom 1

Tai Chi for Arthritis: A Path to Wellness

Join Mary Murkland, a certified instructor with the Tai Chi for Health Institute, for an insightful and practical session on how Tai Chi can improve mobility and reduce pain for individuals with arthritis. Mary will guide you through a gentle, low-impact warmup and then demonstrate the program. Whether you're new to Tai Chi or looking for ways to manage arthritis symptoms, this session offers a valuable approach to living better through mindful movement. *Exercise provides great benefits, but only you know your own body and limits. Please consult your healthcare professional with any questions or concerns before starting any exercise program.

14-Jul | Mon 1:00 PM - 2:15 PM | \$15

Instructor: Mary Murkland

J. Earle Bowden Building, Classroom 1



EVENT SPOTLIGHT:

Step Back in Time: A Visit to Quina House Museum & Lunch by Cottage Café*

Experience a journey into Pensacola's past with a visit to the Quina House Museum, the city's oldest structure still standing on its original site. With documented history dating back to 1821—and possible origins as early as 1810—this charming home offers a glimpse into early 19th-century Spanish colonial life. After the tour, enjoy a delicious catered lunch by Cottage Café. Savor a thoughtfully prepared meal while reflecting on the stories and craftsmanship that has stood the test of time. *Not available on the Unlimited Classes option. No refunds.

20-May | Tue 10:00 AM - 12:00 PM | \$25

Instructor: Ed Muller Quina House Museum

Stay Steady: Balance Class with Angela Bush

Join Angela Bush for this class designed specifically for seniors to improve stability and prevent falls. This gentle, low-impact class incorporates exercises that enhance strength, coordination and flexibility. Angela will provide a demonstration, ensuring each participant feels comfortable and confident. Whether you are looking to regain balance or maintain your current level, this class offers a safe and enjoyable way to stay active. *Exercise and wellness practices provide great benefits, but only you know your own body and limits. Please consult your healthcare professional with any questions or concerns before starting any program. Wear comfortable tennis or gym shoes (closed toes).

18-Jul | Fri 2:00 PM - 3:15 PM | \$15

Instructor: Angela Bush

Azalea Trace



Connect with us on Facebook!

facebook.com/uwfleisurelearning

Nonprofit Spotlight: Valerie's House Grief Counseling

Step into Valerie's House and feel the warmth of a community united in healing. Program Manager Jenni Elzweig will share a brief overview of the organization's history and mission. Valerie's House offers open-ended peer support groups and engaging activities designed to help children and families navigate the complexities of loss. This isn't your typical counseling center; it's a sanctuary where individuals come to share their stories and support one another through their grief journeys. Join us to learn more about this impactful organization.

24-Jul | Thu 10:00 AM - 11:15 AM | Free Instructor: Jenni Elzweig Valerie's House

Unlock the Ancient Wisdom of Chinese Foot Reflexology

Discover the profound healing and relaxation potential that lies within your feet. Gain insights into the ancient art of reflexology, a practice that has been cherished for centuries and explore its rich history and philosophy. Tim Atkins will demonstrate techniques and share insights on how to apply this practice to alleviate stress, enhance vitality and promote a profound sense of relaxation. *Exercise and wellness practices provide great benefits, but only you know your own body and limits. Please consult your healthcare professional with any questions or concerns before starting any program.

29-Jul | Tue 1:00 PM - 2:15 PM | \$15

Instructor: Tim Atkins

Azalea Trace

History & Current Affairs

Capturing 14 Generations of Family History in America

Join us for a captivating presentation by Christine B. Emmanuel, author of "The Westcott Story—Volumes I and II: The Enduring Spirit of an American Family Spanning 400 Years." This sweeping chronicle traces 14 generations of Christine's maternal lineage, offering a rare and personal perspective on American history. She will share the challenges and rewards of researching family

ancestry, uncovering stories of resilience, adaptation and perseverance across four centuries. This presentation highlights the importance of preserving personal histories within the broader context of our nation's past.

20-May | Tue 1:00 PM - 2:15 PM | \$15 Instructor: Christine Emmanuel UWF Building 78, Room 136

Inside the United States Secret Service: A Retired Agent's Perspective

Don't miss this captivating presentation by Mike Goehring, a retired U.S. Secret Service special agent who served under five U.S. presidents, from Richard Nixon to George H.W. Bush. With firsthand experience, he will share insights into the agency's vital work—safeguarding U.S. leaders and foreign dignitaries, conducting high-level investigations and preparing new agents



EVENT SPOTLIGHT:

Veterans Memorial Park with Paul Entrekin

Maj. Paul Entrekin, USMC (Ret.), returns for an insightful talk about Pensacola's Veterans Memorial Park. As a past president and ex-officio member of the park's leadership, Maj. Entrekin will share the history, significance and stories behind the park's memorials, honoring those who have served and sacrificed for our nation. Learn about the park's evolution, its role in the community and the ongoing efforts to preserve and honor military history. Join us to experience the park through the eyes of a dedicated veteran and leader.

30-May | Fri 1:00 PM - 2:15 PM | \$15

Instructor: Paul Entrekin

J. Earle Bowden Building, Classroom 1

for duty. As a former instructor at the Secret Service Academy and a faculty member in criminal justice and psychology, Mike brings a wealth of knowledge, thrilling stories and behind-the-scenes details from one of the most elite law enforcement agencies in the world.

29-May | Thu 10:00 AM - 11:15 AM | \$15

Instructor: Mike Goehring

J. Earle Bowden Building, Classroom 1

A Conversation with Troy Moon

Join Troy Moon, longtime Pensacola News Journal reporter, for a lively and entertaining conversation about life, storytelling and the people and places that make Pensacola unique. With his signature wit and engaging style, Troy will share anecdotes from his years covering the city, offering a behind-the-scenes look at memorable moments, interesting characters and unexpected adventures. Whether you're a longtime reader or just love a good story, this is sure to be a fun and insightful discussion you won't want to miss!

5-Jun | Thu 10:00 AM - 11:15 AM | \$15

Instructor: Troy Moon

J. Earle Bowden Building, Classroom 1

"Blood on My Mudcake": A Foot Soldier's Story with Bessie Hunter

Step into history with Bessie Hunter, author of "Blood on My Mudcake," as she shares her firsthand experiences as a foot soldier in the Civil Rights Movement. From marching in the streets to standing firm in the face of injustice, Hunter's journey is one of courage, resilience and the unyielding fight for equality. Through her powerful storytelling, she brings to life the struggles and triumphs of those who risked everything for change. Don't miss this chance to hear an extraordinary account of history from someone who lived it.

23-Jun | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Bessie Hunter

J. Earle Bowden Building, Classroom 1

Step Back in Time: A Visit to the Alger-Sullivan Historic District

Discover the rich history of the Alger-Sullivan Historic District, a former company town built by the Alger-Sullivan Lumber Company in the early 1900s. Located in Century at the northern tip of Escambia County, this district offers a glimpse into how the booming lumber industry shaped communities beyond the sawmills. Explore the remaining homes, churches



EVENT SPOTLIGHT:

Archaeology of Gulf Islands National Seashore

Join Mike Thomin, Director of Education and Interpretation at the Florida Public Archaeology Network's Coordinating Center and a Faculty Research Associate at UWF, to learn about the National Park Service's Gulf Islands National Seashore on Santa Rosa Island. A jewel of unspoiled natural beauty and a habitat for a variety of wildlife, the park also boasts some of Pensacola's most interesting archaeological sites, both on land and under water. Learn about these sites, including the Spanish colonial presidio and shipwrecks from several periods of Pensacola's history.

7-Jul | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Mike Thomin

Florida Public Archaeology Network

and recreational buildings that once housed mill workers, foremen and company officials.

26-Jun | Thu 10:00 AM - 11:30 AM | \$15

Instructor: Christina Lavioure Alger-Sullivan Historic District

Anne Frank: A Life Remembered

Explore the life and legacy of Anne Frank in this engaging presentation by Pam Smith. Through selected diary excerpts, gain insight into Anne's experiences and the historical context of the Holocaust. This session serves as both a stand-alone learning experience and an introduction to a deeper study of her writings and the world around her. Pam Smith, a Mandel Fellow at the U.S. Holocaust Memorial Museum, brings her extensive knowledge as a frequent instructor of Holocaust-related

courses at UNC-Asheville and in northwest Florida.

9-Jul | Wed 10:00 AM - 12:00 PM | \$15

Instructor: Pam Smith UWF Building 78, Room 103

Talking Smack: Pensacola's Red Snapper Fishing Industry

After the end of the American Civil War, industry in Northwest Florida boomed as money flowed from the North. Among Pensacola's various industrial endeavors, commercial fishing for red snapper became one of the most successful. From 1870-1930, the fishermen and beautiful sailing vessels of the red snapper industry dominated the city's waterfront. This presentation discusses the importance of red snapper fishing to the development of Pensacola and Northwest Florida, in addition to why the industry began and ended so quickly.

10-Jul | Thu 10:00 AM - 11:15 AM | \$15

Instructor: Nicole Grinnan

UWF Archaeology Institute, Building 89

A View from Above: Exploring Downtown Pensacola with Ross Pristera

Join us for a visit to the 9th-floor observation room at the Studer Community Institute, offering stunning views of downtown Pensacola. Local historian Ross Pristera will guide us through an insightful discussion of the buildings and neighborhoods visible from this unique vantage point. Learn about the rich history and architecture that define the city's landscape while overlooking it.

21-Jul | Mon 10:00 AM - 11:30 AM | \$15

Instructor: Ross Pristera

Studer Community Institute, 9th Floor

Out of the Box

Biblical Leadership with Dr. Gil Fried

You might not have thought about the Bible as a leadership guide. However, it can be one of the best leadership guides out there. Not just moral clarity, there are numerous real world examples and strategies that can be leveraged from one book. This interactive class will examine various sources from the Old Testament and will go deep into the Bible with examples and how they can be applied to today. *The views and opinions expressed in this discussion are solely those of the contributors and participants. Views and opinions expressed do not represent

Leisure Learning, the Leisure Learning staff and/or any contributors to the program.

30-May | Fri 10:00 AM - 11:15 AM | \$15

Instructor: Dr. Gil Fried UWF Building 78, Room 103

5 Magic Tricks: Learn & Amaze

Discover the art of magic in this hands-on workshop with Phil DeProtine! Learn five fun and easy-to-master tricks that you can use to entertain friends, impress guests at a dinner party or delight your grandchildren. With provided props and step-by-step instruction, you'll practice sleight of hand, clever illusions and classic magic techniques. Bring a standard 52-card deck and get ready to unlock the secrets of magic!

4-Jun | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Phil Deprotine

J. Earle Bowden Building, Classroom 1

The "Ali"-Ism of Media Culture with Dr. Rameca Vincent Leary

In this class, Dr. Rameca Vincent Leary will explore the impact of media on culture and the art of writing for television. Using the legacy of Muhammad Ali as a lens, this session will examine how media shapes public perception, influences storytelling and reflects societal values. We will also take part in a hands-on writing exercise—so be sure to bring paper! This is sure to be both insightful and dynamic. *The views and opinions expressed in this discussion are solely those of the contributors and participants. Views and opinions expressed do not represent Leisure Learning, the Leisure Learning staff and/or any contributors to the program.

17-Jun | Tue 1:00 PM - 2:15 PM | \$15

Instructor: Rameca Vincent Leary, PhD.

UWF Building 78, Room 103

He's Just Not Her Type!

Blood typing is performed on newborns and their mothers to identify and prevent potential sources of neonatal jaundice. This class begins by reviewing the 4 major blood types. It demonstrates Punnett Square analysis to predict blood types of children based on the parents' types. But it doesn't always work! A true medical case of an ABO mismatch between a woman and her children is presented. Students will learn five mechanisms that can alter the expected blood type. Bring a pencil, you'll be doing some work with Kristina Jackson Behan, PhD, MLS (ASCP) and Professor Emeritus of University of West Florida's



EVENT SPOTLIGHT:

Planetarium: "The Great Planet Adventures"*

Journey with us to future destinations with different terrains, temperatures, energy sources and gravity pulls. We will visit planets and moons of our Solar System to see into the future as we explore and live on these outer worlds. Of course, to live on these planetary outposts, we'll need to have some fun. Imagine riding a zip line across scorched Mercury or base jumping from the tallest cliffs on outer planetary moons. Join us as we explore the science behind all these ultimate adventure sports. *Not available on the Unlimited Classes option.

9-Jun | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Allison Spradlin

Pensacola State College Planetarium, Building 21

Medical Laboratory Sciences Department.

22-Jul | Tue 10:00 AM - 11:15 AM | \$15

Instructor: Dr. Kris Behan Azalea Trace Lobby

Science, Environment & Technology

Leisure Learning Overview, Help and Updates

Join Julie Still-Rolin for a free informative class designed to empower Leisure Learners to navigate their experiences with the program with confidence and receive personalized guidance on the registration process and other valuable information. Say goodbye to the stress of registration woes and hello to a world of enjoyable learning experiences. She

will also provide any changes and updates to the program and offer time for feedback and questions.

Free Session #1: 19-May | Mon 10:00 AM - 11:15 AM Free Session #2: 1-Aug | Fri 10:00 AM - 11:15 AM Free Session #3: 1-Aug | Fri 1:00 PM - 2:15 PM

Instructor: Julie Still-Rolin

J. Earle Bowden Building, Classroom 1

Venture Out to Aliff Acres Farm*

Experience the charm of Aliff Acres Farm in McDavid, Fla! This family-owned farm offers a unique opportunity to explore sustainable farming practices, interact with friendly farm animals and enjoy the peaceful countryside. During our visit, we'll take a guided tour to learn about the farm's operations, from raising livestock to growing fresh produce. Guests will also have the chance to meet the animals up close and hear stories about life on the farm. Whether you're interested in agriculture, farm-to-table living or simply looking for a relaxing day outdoors, this visit promises to be both educational and enjoyable. *Not available on the Unlimited Classes option.

17-Jun | Tue 10:00 AM - 11:30 AM | \$20

Instructor: Wendy Aliff

Aliff Acres

New & Underutilized Plants for Year-Round Interest

Beth Bolles, Horticulture Agent IV with UF IFAS Extension Escambia County, will showcase new and underutilized plants that can enhance your garden throughout the seasons. Learn how to incorporate these unique selections into your landscape to add beauty, resilience and seasonal appeal. Whether you're an experienced gardener or just getting started, this class will provide fresh ideas and expert guidance to help your garden thrive year-round.

18-Jun | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Beth Bolles

UF/IFAS Extension Escambia County 4-H Youth

Inside the Nursing Simulator: A Demonstration

Step into the world of modern healthcare with an exclusive visit to Pensacola State College's state-of-theart nursing simulator. This immersive experience offers a behind-the-scenes look at how future nurses train using high-fidelity patient simulators—lifelike mannequins that breathe, speak, and respond to treatment. Witness a live demonstration, learn about latest advancements in



nursing education and see firsthand how technology is shaping the future of patient care.

30-Jun | Mon 10:00 AM - 11:15 AM | \$15

Instructor: Nancy Barrett

Pensacola State College Warrington Campus

Visit the State-of-the-Art Recycling Facility in Fort Walton Beach

Join us for a visit to Waste Management's newly opened 45,000 square-foot recycling facility in Fort Walton Beach, Fla. This state-of-the-art facility utilizes cutting-edge technology to process up to 76,000 tons of recyclable materials each year. During the visit, you'll see the facility in action and learn how it contributes to environmental conservation and waste reduction in the region.

2-Jul | Wed 10:00 AM - 11:15 AM | \$15

Instructor: Michael Beedie

Fort Walton Beach Waste Management Recycling

Planetarium: "Perfect Little Planet"*

"Perfect Little Planet" features a family from another star system looking for the ultimate vacation spot. Join them as they travel through our solar system and see it from a distinctly different point of view. Soar over the surface of Pluto, our best known Dwarf Planet. Dive down the ice cliffs of Uranus' moon, Miranda, at breathtaking speeds. Sail through the beautiful rings of Saturn and dare the ferocious lightning storms on Jupiter. *Not available on the Unlimited Classes option. Open to guests of all ages!

11-Jul | Fri 10:00 AM - 11:15 AM | \$15

Instructor: Allison Spradlin

Pensacola State College Planetarium, Building 21

Gentle Giants: Manatees and More

Interested in learning about manatees, local waterways and how you can get involved to help? Join the Pensacola and Perdido Bays Estuary Program to learn about the Panhandle Manatee program, an outreach initiative dedicated to increasing awareness of manatees in our area and how to report manatee sightings. They will also touch on the new State of the Bays, which provides a snapshot health report for Pensacola Bay and Perdido Bay.

31-Jul | Thu 10:00 AM - 11:15 AM | \$15

Instructor: Bailey Walkinshaw

J. Earle Bowden Building, Classroom 1

LOCATIONS & DIRECTIONS



UWF Main Campus Locations:

University of West Florida

11000 University Pkwy. Pensacola, FL 32514

From 110: Take exit 13 (Davis Hwy.) and go north. Stay in the far left lane to follow signs to University Pkwy. Turn left onto University Pkwy. Stay in the right lane and follow University Pkwy. until it ends. 850.473.7468

Archaeology Institute and Museum, **Building 89**

From the University Parkway entrance: Take a right on Campus Drive and stay in the right lane. The Archaeology Institute and Museum is the first building on the right. Parking is available in Lot AA.

Building 78

From UWF main entrance, Take a left on Campus Dr. Building 78 is the first building on the right. During Leisure Learning classes, parking is allowed in Lot A except for Reserved spots.

Building 86

From UWF main entrance, take a right on Campus Dr. Take the second left into Parking Lot DD. If you need to use the ramp, park in Lot CC and go through Building 85. If you do not need the ramp, parking is available in Lot EE.

Center for Fine and Performing Arts (CFPA), Building 82

From UWF main entrance, take a left on Campus Dr. and stay in the right lane until you reach the CFPA. Parking is available in Lots L and M. 850.857.6285

Health, Leisure and Sports (HLS) Facility

From UWF main entrance, take a left onto Campus Dr. Parking for the HLS Facility is the first and second left in Lot B across the street.

International Center Japan House, Building 71

From UWF main entrance, take a right onto Campus Dr. Take the second left into parking Lot BB. The Japan House is located in Building 71. 850.474.2479

Historic Pensacola Campus Downtown Location:

Florida Public Archaeology Network

207 E Main St. Pensacola, FL 32501 Located on the corner of Main and Barracks streets, next to The Fish House. Parking is available behind the FPAN building, off of Barracks St., or on the east side near the park. **850.595.0050**

J. Earle Bowden Building

120 Church St. Pensacola, FL 32502

Located off Tarragona St. between Government and Zaragoza Streets. Free parking is available nearby on the east sides of Zaragoza, Church and Government St., and paid parking is available in the lot next door or on Tarragona St. 850.595.5985



Other Locations:

309 Punk House

309 N 6th Ave. Pensacola. FL 32501 Located downtown off N 6th Ave. between E Belmont St. and E Wright St.

A Curious Wine Shop

1010 N 12th Ave. Suite 221 Pensacola, FL 32501 Located inside Old Sacred Heart Hospital on N 12th Ave. between E DeSoto and E Gonzalez Streets. The shop is the first door on the right from the front entrance up the stairs. An elevator is accessible through the side of the building. 850.270.8855

Alger-Sullivan Historic District

601 4th St. Century, FL 32535 From US-29 N, take a right on E Pond Street in Century (about 36 miles from Nine Mile Road). Follow Pond Street to Jefferson Avenue. Take a left on Church Street where you will park and walk to 601 4th Street (0.2 mile).

Aliff Acres

3030 Purdue Rd. Mcdavid, FL 32568 From US 29-N/S Hwy 29, turn left onto County Rd 164 for 4.7 miles. Turn right onto N Pine Barren Rd for 1.6 miles. Turn left onto Breastworks Rd. for .5 miles. Turn left onto Purdue Rd. The destination will be on the left. 850.206.3097

Apple Market

1021 Scenic Hwy. Pensacola, FL 32503 Located on Scenic Hwy. between East Blount St. and East Lee St. next to CVS Pharmacy. 850.433.4381

Azalea Trace

10100 Hillview Dr. Pensacola, FL 32514 If you are on University Pkwy., turn right onto Hillview Rd. Go to the stop sign and turn left. Stay on this road until you see the Administration Information sign, then turn right into the parking lot. 850.478.5200

Bear Levin Studer Family YMCA

165 E Intendencia St. Pensacola, FL 32502

The entrance to the YMCA faces Intendencia St. Parking is available in the Southtowne parking garage and can be validated by bringing your license plate into the YMCA. Paid parking is also available along Tarragona St., but it cannot be validated. **850.438.4406**

Blue Wahoos Stadium (Vince J. Whibbs Sr. Community Maritime Park)

351 W Cedar St. Pensacola, FL 32502 Downtown off Main St. **850.934.8444**

Bodacious Shops

407 S Palafox St. Pensacola, FL 32502Downtown Pensacola. Located on South Palafox St. between East Zaragoza and East Main Streets. **850.438.7857**

Duh for Home and Garden

501 N 9th Ave. Pensacola, FL 32501Near downtown Pensacola off Ninth Ave. between E Belmont St. and E Wright St. Parking is available on the corner of Ninth Ave. and E Wright St. **850.439.0640**

First City Bee Company

9 S Palafox St. Pensacola, FL 32502 First City Bee Company is located on Palafox Street between Gray Boutique and Blue Morning Gallery.

First Presbyterian Church

33 E Gregory St. Pensacola, FL 32502 From I-110 S, take exit 1A-1B to Gregory St. Follow Gregory St. to 33 East Gregory. Parking is located to the west of the church. **850.438.9619**

Fish House Restaurant

600 S Barracks St. Pensacola, FL 32502 Located downtown Pensacola behind the Florida Public Archaeology Network building on the corner of Main and Barrack. 850.470.0003



Fleet Feet

236 W Garden St. Pensacola, FL 32502 Located downtown Pensacola on Garden St. between North Spring and South Reus Streets. The shop is in a small strip mall next to other businesses. 850.332.7723

Fort Walton Beach Waste Management Recycling

109 Ready Ave. NW
Fort Walton Beach, FL 32548
From US98 East, take Hollywood Blvd. to
Ready Ave. NW in Fort Walton Beach.

Galerie du Sacré Coeur

1010 N 12th Ave. Studio 228 Pensacola, FL 32501

Located on the 2nd floor of the Old Sacred Heart Hospital building on 12th Ave. between De Soto and Gonzales Streets. Parking is available around the building. Attendees who need an accessible entrance can park by O'Zone Pizza (parking lot is behind the building off of Gonzales St.) and take the elevator to the 2nd floor.

J.W. Renfroe Pecan Co. Gift Shop

794 W Main St.

Pensacola, FL 32501

Located on the corner of W Main and A St. between S B and W Zarragossa St. **850.332.7714**

New Yorker Deli

3001 E Cervantes St.
Pensacola, FL 32503
Located on the corner of Cervantes
St. (US Hwy 90) and Pickens Ave.

850.469.0029

Pensacola Little Theatre | The Center

400 S Jefferson St.

Pensacola, FL 32502

Located downtown on the corner of Jefferson and Zaragoza or E Main St.

850.432.2042



Pensacola State College Planetarium

1000 College Blvd. Pensacola, FL 32504 Enter campus from Airport Blvd. across from Steak N Shake. You will be right in front of the planetarium. Parking is available in front of the planetarium in building 21, except for the fac/staff green painted curbs. 850.484.1238

Pensacola State College Warrington Campus

5555 US-98 Building 3700 Pensacola, FL 32507From Highway 98, turn into the parking lot and follow signs for visitor parking. Look for 3700 on the building.

Pyramid School of Fine Arts

850.484.2200

7309 W Highway 98 Pensacola, FL 32506Off US Hwy 98 just past Lake Aire Dr. **850.457.9975**

Quina House Museum

204 S Alcaniz St.
Pensacola, FL 32502
Located downtown next to Juan's
Flying Burrito on Alcaniz St. between
E Intendencia and E Government St.
850.432.3050

Studer Community Institute

220 W Garden St.

Pensacola, FL 32502

Tall white building (formerly the Sun Trust) located downtown, two blocks west of Palafox St. Parking is available in the lot on Spring and Chase streets — yes there are signs indicating private parking and numbered spaces, but it is the event parking for that building. **850.359.9595**

UF/IFAS Extension Escambia County 4-H Youth

3740 Stefani Rd. C antonment, FL 32533 Located off Stephani Rd. between W 9 1/2 Mile and W 10 Mile Rd. **850.475.5230**

Valerie's House

904 E Gadsden St. Pensacola, FL 32501 Located off Cervantes St. on the corner of E Gadsden and N 9th Ave.

850.582.8255

Wild Honey Frozen Yogurt

1741 E 9 Mile Rd. Pensacola, FL 32514 Located inside University Town Center plaza off E Nine Mile Road. 850.637.1550

Bring a Friend! Current members may bring a friend to try out one Leisure Learning class. The class price will apply. If your friend joins Leisure Learning, you AND your friend will receive a credit voucher toward a future class or event.

VOLUNTEERS

Summer 2025 Instructors

Kristin Ales Alicia Donlon Wendy Aliff Robert Donofrio David Apple Jennifer Elzweig Tim Atkins Christine Emmanuel Paul Entrekin Nancy Barrett Deborah Bassett Dr. Gil Fried Michael Beedie Rebecca Gibbons Dr. Kris Behan Mike Goehring Natalie Blake Maria Goldberg Beth Bolles Nicole Grinnan Dona Bouchard Andre Hall Patrick Broadus Rick Harper Angela Bush Valerie Hartley Michael Clark Jo Heckler Jacey Cosentino Mamie Hixon Phil Deprotine Shigeko Honda

Bessie Hunter
Kathy Kellett
Christina Lavioure
Dr. Rameca Vincent Leary
Troy Moon
Ed Muller
Felipe Munoz
Mary Murkland
Renee Nix
Corrie Parker
Ross Pristera
Reverend Robert
Quiring Tom
Tom Roberts
Micaiah Rockwell

Diletta Rosasco

Scott Satterwhite
Kimberly Scott
Brian Simmons
Bill Simmons
Pam Smith
Connie Smith
Raylene Solis
Allison Spradlin
Julie Still-Rolin
Mike Thomin
Dr. Louise Tolbert
Hilary Towns
Eniko Ujj
Jess Voigt

Bailey Walkinshaw

Theresa Ward

Curriculum Council

David Hoffman Linda Sampson Dr. Louise Tolbert

Want to teach a class?

We are always looking for instructors in basic computers, U.S. and International history, fine arts, music, theater and behind-the-scenes tours. Have an idea for a class? Visit the "Want To Get Involved" page at uwf.edu/leisurelearning and submit an online course proposal.

Interested in volunteering?

To get involved, send an email to leisurelearning@uwf.edu or call 850.473.7468.

ATTENTION WUWF DAY SPONSORS:

Support two organizations at one time!

Public radio listener support has become more important than ever! A WUWF radio Day Sponsor pledge of \$180/yr includes a WUWF MemberCard with 20-page discount directory and a one-day sponsor message that will air five times on the day of your choice. It is a great way to announce a special event for your favorite non-profit — Leisure Learning!

Call 850.474.2787 for information or to make your contribution!





LEISURE LEARNING SUMMER 2025 REGISTRATION FORM

uwf.edu/leisurelearning | leisurelearning@uwf.edu | 850.473.7468

THREE EASY WAYS TO REGISTER!

- Online uwf.edu/leisurelearning
- **Mail** Fill out the registration form.
- **By Phone** (Mon Fri, 9 a.m. to 4 p.m.) To pay by Visa, Mastercard or American Express, call the Leisure Learning office at 850.473.7468.

OFFICE HOURS

Mon - Thu, 9 a.m. to 4 p.m. Appointments available upon request.

Building 77, Suite 157 11000 University Parkway Pensacola, FL 32514



Important Information: Credit cards and other forms of payment are accepted. Phone and online registrations are highly recommended. If mailing a check, contact the Leisure Learning office or check classes online to make sure they are not already full.

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☐ Check this box if address/info has changed	The \$40 annual membership fee covers 12 months from the date you join.
Name	\$40.00 - New Member\$40.00 - Renew Annual Membership
Phone #	☐ No fee - Membership Dues are current
Address	Charter Membership (Joined LL in 1996) ☐ No fee - Renew Charter Member Gratis
City, State, Zip	Total Class Tuition: Membership Dues:
Email	Total Payment Enclosed:

Charter 1996 Member

Members who joined LL in **1996** will always remain Charter Members, but your membership must be renewed annually.

Writing a check for class?

Many Leisure Learning events and classes fill up quickly and result with a waiting list. If you are paying by check, please visit uwf.edu/leisurelearning or call Student Support 850.473.7468 to check availability before mailing payment.

Make check payable to: **Leisure Learning**Mail this form along with your check to:

University of West Florida Leisure Learning (Bldg. 77/ Suite 131) 11000 University Pkwy., Pensacola, FL 32514

Making a donation?

Please enclose a separate check made out to UWF Foundation - Leisure Learning.



Returning Members, your membership expiration date is shown on your mailing label.

LEISURE LEARNING SUMMER 2025 REGISTRATION FORM

uwf.edu/leisurelearning | leisurelearning@uwf.edu | 850.473.7468

☐ Unlimited Class Option \$195	□ 6/27 Visit the 309 Punk Project Punkhouse \$15
May	□ 6/27 Local Artist Spotlight: Eniko Ujj \$15 □ 6/30 Listen Up: Protecting Your Hearing \$15
□ 5/19 Tai Chi — 10 Sessions \$50	□ 6/30 Inside the Nursing Simulator: A Demonstration \$15
□ 5/19 Leisure Learning Overview, Help and Updates #1 Free	□ 6/30 Functional Medicine at Empathic Practice \$15
□ 5/19 Acupuncture & Wellness with Dr. Rebecca Gibbons \$15	2 9,00 1 another 1 contains at 2 in patrice 1 access 4.0
□ 5/20 Step Back in Time: A Visit to Quina House	July
Museum & Lunch by Cottage Café* \$25	☐ 7/01 Unveiling The Center: Pensacola's Reimagined
□ 5/20 Capturing 14 Generations of Family History	Cultural Hub \$15
in America \$15	☐ 7/02 Visit the State-of-the-Art Recycling Facility
□ 5/21 Alzheimer's Developments: The Latest	in Fort Walton Beach \$15
Breakthroughs \$15	☐ 7/07 Archaeology of Gulf Islands National Seashore \$15
□ 5/21 Stretch & Move: A Mobility Class with Jen Beres \$15	☐ 7/08 Buzz on Over for a Sweet Adventure at Wild Honey \$15
☐ 5/22 Take Me Out to the Ballgame: Blue Wahoos	☐ 7/09 Anne Frank: A Life Remembered \$15
Party Deck Experience!* \$48	□ 7/10 Talking Smack: Pensacola's Red Snapper
□ 5/27 Local Author Spotlight: Michael C. Clark \$15 □ 5/28 Step Into Comfort: Healthy Feet at Fleet Feet \$15	Fishing Industry \$15
□ 5/29 Inside the United States Secret Service: A Retired	□ 7/10 From Retelling to the Stage: A Two-Day Storytelling
Agent's Perspective \$15	Workshop — 2 Sessions \$15 7/11 Planetarium: "Perfect Little Planet"* \$15
□ 5/30 Biblical Leadership with Dr. Gil Fried \$15	□ 7/14 Lunch at Jo'sAs Always* \$35
□ 5/30 Veterans Memorial Park with Paul Entrekin \$15	□ 7/14 Tai Chi for Arthritis: A Path to Wellness \$15
	□ 7/15 Azalea Trace Tour \$15
June	☐ 7/16 Bookies: "All the Beauty in the World" \$15
☐ 6/02 Exploring Sacred Spaces: First Presbyterian Church \$15	☐ 7/17 Lunch at The Bait Shop* \$42
☐ 6/02 An Exclusive Visit to Duh Pensacola \$15	☐ 7/18 Stay Steady: Balance Class with Angela Bush \$15
□ 6/04 5 Magic Tricks: Learn & Amaze \$15	☐ 7/21 A View from Above: Exploring Downtown
☐ 6/04 Introduction to the Japanese Tea Ceremony	Pensacola with Ross Pristera \$15
— 6 Sessions* \$45	☐ 7/21 The Art of Pairing: A Summer Wine & Cheese
□ 6/05 A Conversation with Troy Moon \$15	Tasting at Bodacious Olive* \$25
□ 6/09 Planetarium: "The Great Planet Adventures"* \$15	7/22 He's Just Not Her Type! \$15
□ 6/10 Unlocking Flavor: An Exploration of Olive Oil at Bodacious Olive \$15	☐ 7/23 Apple Market: The Biggest Little Store in Town \$15☐ 7/24 Nonprofit Spotlight: Valerie's House Grief Counseling Free
□ 6/11 Planning for Long-Term Care \$15	☐ 7/25 Strumming the Strings: A Banjo Experience \$15
□ 6/11 Local Author Spotlight: Tom Roberts \$15	☐ 7/28 Deli Delights: Lunch at New Yorker Deli \$15
□ 6/12 Art with a Purpose: Pyramid School of Fine Arts \$15	☐ 7/29 Get the Buzz: Honey and More at 1st City Bee Co. \$15
□ 6/13 Explore Wine Curiously: A Deep Dive into	☐ 7/29 Unlock the Ancient Wisdom of Chinese
Its History, Geology and Traditions* \$25	Foot Reflexology \$15
☐ 6/16 Economy: Trends and Insights with Rick Harper \$15	☐ 7/30 A Sweet Visit to J.W. Renfroe Pecan Company
☐ 6/17 Venture Out to Aliff Acres Farm* \$20	Gift Shop \$15
☐ 6/17 The "Ali"-Ism of Media Culture with	☐ 7/31 Gentle Giants: Manatees and More \$15
Dr. Rameca Vincent Leary \$15	August
□ 6/18 New & Underutilized Plants for Year-Round Interest \$15	August
□ 6/20 Real-World Grammar with Mamie Hixon \$15	□ 8/01 Leisure Learning Overview, Help and Updates #2 Free
□ 6/23 "Blood on My Mudcake": A Foot Soldier's Story with Bessie Hunter \$15	□ 8/01 Leisure Learning Overview, Help and Updates #3 Free
□ 6/23 Spinning Yarns: The Art & Joy of Knitting \$15	Total Class Tuition: \$
□ 6/24 Behind the Scenes at First City Art Center:	
Glassblowing & Wheel Throwing* \$15	*Not available on the Unlimited Classes option.
□ 6/25 Hidden Gems: Galerie du Sacré Coeur* \$15	+ Multiple class dates to choose from.
☐ 6/25 Leave It, Move It, Roll It, Take It: Know	Schedule and location changes are communicated through email.
Your Employer Retirement Plan Options \$15	
□ 6/26 Step Back in Time: A Visit to the Alger-Sullivan	Registration Opens May 5, 2025.
Historic District \$15	Phone and online registrations are highly recommended.

How to Register Online: Visit uwf.edu/leisurelearning. Select "Register Now" to visit the online registration site. Select "Leisure Learning Classes" from the left side navigation.

uwf.edu/leisurelearning | leisurelearning@uwf.edu | 850.473.7468

THREE EASY WAYS TO REGISTER!

Phone and online registrations are highly recommended.

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- Mail Fill out the registration form.
- By Phone (Mon Fri, 9 a.m. to 4 p.m.) To pay by Visa, Mastercard or American Express, call the Leisure Learning office at 850.473.7468.

OFFICE HOURS

Mon - Thu, 9 a.m. to 4 p.m. (Closed 12 p.m. - 1 p.m.) Appointments also available upon request.

> **Building 77, Suite 157** 11000 University Pkwy. Pensacola, FL 32514







Important Information: Credit cards and other forms of payment are accepted. Phone and online registrations are highly recommended. If mailing a check, contact the Leisure Learning office or check classes online to make sure they are not already full.

UNIVERSITY OF WEST FLORIDA

Nautilus Card Benefits



Leisure Learning members are eligible to purchase a UWF Nautilus card for \$10.

The official UWF identification card can be used for:

- Checking out books and using the electronic databases at the UWF Library. library.uwf.edu
- An ID for campus events, including \$7 admission to UWF Center for Fine and Performing Arts events. uwf.edu/cfpa

How do I acquire my Nautilus card?

- 1. Take your membership receipt to the UWF cashier's office (Building 20E) to purchase the \$10 card.
- 2. Take your payment receipt, membership receipt, and a government issued photo ID to the Nautilus Card office (Building 20W) to have your picture taken and a Nautilus Card issued.

LL Member Parking

At the start of each semester, members will receive an emailed link to register for a parking pass. Parking passes will be mailed out as they are received.

Parking in unapproved lots or reserved spaces will result in a ticket. If you have followed the parking regulations and are ticketed, please contact the Leisure Learning office so that it can be taken care of.

For more parking information visit: uwf.edu/parking

Accommodations

If you have accommodation needs, please contact the Student Support Office at 850.473.7468 or leisurelearning@uwf.edu.

48-hour cancellation and refund policy

If you are unable to attend your registered class, you must notify the Leisure Learning office at least 48-hours in advance of the class in order to receive a refund. Any cancellation given less than 48-hours in advance will not receive a refund. Please be courteous to your volunteer instructors and fellow members by adhering to this policy. Please Note: For events that require Leisure Learning to PREPAY, refunds cannot be processed if you are unable to attend.



Leisure Learning

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Retirement can be a rewarding experience with participation in programs that foster educational enrichment and growth, like UWF Leisure Learning. Gifts to UWF Leisure Learning are an important factor in enhancing the educational experience for our members.

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