

Outdoor Adventure Program

Blackwater Canoeing Day Trip



Destination

- Blackwater River State Park

Drive Time

- 1 hrs.

Itinerary (All times are subject to change.)

- **8:30 am:** Arrive at the gym (meet staff behind the gym, near canoes)
- **9:00 am:** Leave from the back parking lot of the gym
- **10:00 am:** Arrive at the river, set a shuttle car and get on the river
- **10:05 am: 5-minute initiative**
- **10:00-12:00pm:** paddle
- **12:00 pm:** Lunch break
- **3:00 pm:** Get off the river, pack trailer and head back to UWF
- **4:00-5:00 pm:** Arrive at UWF

What to Bring

- Any lifesaving medication (epi pens, inhaler)
- Shoes/sandals
- Bathing suit
- Sun protection (Sunscreen, hat, sunglasses)
- Water containers (bottle, Nalgene, cup, etc)
- Lunch (coolers provided for lunches)
- Towel (to leave in Rec van)
- Any toys or game
- Change of clothes (Optional)



What Not to Bring

- Alcohol/drugs
- Glass
- Valuables
- Weapons

Payment

Register online at <https://recreation.uwf.edu/> or the HLS Recreation Center Service Desk (Bldg. 72).

***OA will provide transportation, guides, canoes, paddles, and PFD's (Life vests).**

*Please do not bring anything with you into the outdoors that you are worried about. If whatever you are bringing cannot withstand being wet, dropped, crushed or lost please leave it at home. Some examples of things that do not do well on camping trips are iPods, cell phones, laptops, expensive jewelry or large amounts of money. Please pack accordingly.